

2019 Annual Report

Food and Nutrition Resources Foundation



Mission

FNR supports nonprofits that work to improve our food system, and we're finding plenty of deserving organizations around the globe.

Recipients

A list of our award winners for 2019.

Stats

Keeping our overhead low so we can support the folks doing all the important work.

Mottainai

Mottainai is an old Japanese concept, one we want everyone to learn about. So we continue to share our little book on the subject, now via Dixi Books, the European activist press.

A Garden on Top of the World

Our futuristic novel about growing food in a climate changed world was published in Europe (Dixi Books) and is making the rounds in various countries. Next year it will appear in translation in South Korea.

Contact Us

MISSION

FNR supports nonprofits that work to improve our food system, and we're finding plenty of deserving organizations around the globe.

Major interests:

Food justice

Farm animal and farm worker welfare—and the impact of factory farms

Farm to School and School to Farm, good food education

Regenerative, sustainable farming and soil health

Innovative approaches to urban and rural food distribution

Food safety

Food waste reduction

Climate change and the food system



Image of flooded hog farm after hurricane
(from Pace Law School Library)

"On environmentally sustainable farms, animal waste is used to improve soil fertility and add essential nutrients. CAFOs, however, attempt to dispose of vast quantities of animal waste on limited amounts of farmland. This over-application of waste pollutes our water, soil, and air."—Socially Responsible Agricultural Project

Goals

The mission of FNR is to fund individuals and programs in need of financial support for sustaining and building on food and nutrition related activities. Potential recipients meet specific criteria established by FNR, and are vetted prior to selection for support. No grant applications are used, and potential recipients are not told they are under consideration for donations. In that way, FNR donations are made in the form of no strings attached awards. Donations consist of one-time payments of \$1000-\$5,000.

Guidelines for candidacy are specific to the mission and goals of FNR, yet flexible enough to allow for new and interesting innovations in technology, agriculture, and education. There are no application forms for the awards. Unsolicited donation requests are not encouraged, but may be considered. Renewal of donations from year to year is an option for qualifying recipients.



Image from Healing Meals Community Project

"Imagine you are leaving the hospital after receiving treatment, walking into your home, you are tired, you know you need to eat healthfully, but you have little desire or capacity to make anything for yourself or your family. Now imagine a friendly volunteer with a warm smile delivering directly to your door wonderful...healing meals to rebuild your strength."—Healing Meals Community Project

RECIPIENTS

A list of our 17 award winners for 2019.



Healing Meals Community Project

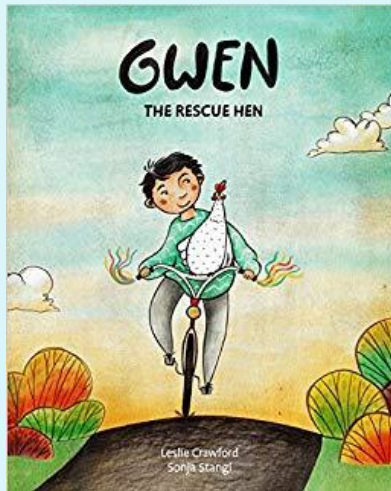
This Connecticut nonprofit employs student volunteers to provide Hartford area residents with nutrient-rich and diet-appropriate meals following hospitalization. Studies show this kind of meal service can significantly reduce healthcare costs. Makes sense!

World Central Kitchen

José Andrés and his chef network respond to crises around the world with food and other forms of immediate and long-term assistance in order to empower communities in need. They were ready in the Bahamas when Hurricane Dorian hit.

Stone Pier Press

This young and vibrant nonprofit publishing house specializes in online news and print books on sustainable agriculture and healthy eating, humane treatment of farm workers and farm animals, and environmental justice. Their publication list includes books for adults, children, and teens.



Slow Food USA

As part of the global movement to preserve local foods and support local food economies, this nonprofit has created the Ark of Taste, a catalogue of regional foods and cuisines.

Gallatin Valley Farm to School

To support both local farms and the nutrition status of schoolchildren, this creative and fun program brings kids to farms and farm fresh food to schools. Students learn to garden, cook, and make healthy food choices.

Teens for Food Justice

In New York City, participating schoolchildren learn about nutrition, food science, agriculture and technology, while growing fresh produce on urban hydroponic farms. The produce is provided to city schools and sold to the public, teaching kids about entrepreneurship, food deserts and food swamps, and making good food available to all.

Food 4 Farmers

Projects aim to achieve food security for coffee-growing communities in Colombia, Guatemala, Mexico, and Nicaragua, helping to strengthen local food systems. Projects also solve seasonal hunger issues for the families, cooperatives, and communities that provide us with one of our favorite beverages.

Santropol Roulant

This community food hub in Montreal sends young volunteers on bicycles to deliver daily meals to elderly residents in need. Affiliated programs include organic farms and a rooftop garden.

Project Feast

Ubuntu Street Café, a nonprofit restaurant, serves as the training workshop for immigrants and refugees in the state of Washington who wish to seek future employment in the food industry. Programs include classes on the food business, hands-on kitchen work, and ESL lessons.



Image from Project Feast

Socially Responsible Agricultural Project

Comprehensive Animal Feeding Operations (CAFOs) are factory farms housing vast numbers of caged animals to be used in industrial food production. These farms pollute area water, land, and air. In many places, state and local laws do not protect residents in areas dominated by these massive pollution (and cruelty) factories. Citizens become ill, their homes unlivable. SRAP assists communities threatened by or dealing with factory farms.

Massachusetts Society for the Prevention of Cruelty to Animals

MSPCA has been helping animals since 1868. In conjunction with this highly regarded animal protection organization, FNR has been funding a project to study the relationship between income and pet feeding practices. The results will be published in journal articles and a book.

Food Forward

Volunteers gather excess fruits and vegetables from private yards, public areas, and farmers markets to donate to area food banks, feeding more than 100,000 people a month with produce that would otherwise be tossed out.



Image from Food Forward

The Food Project

Every year, more than a hundred teens work 70 acres of farmland in Boston and the surrounding suburbs. Fresh produce is donated to organizations for the needy or sold through farmer's markets and community supported agriculture programs.

Wa-Shokuiku

A children's education program from Table for Two USA, classes combine healthy Japanese food with food education. Schoolchildren are introduced to Japanese food culture including customs, respect, and the prevention of food waste and food insecurity.

Farming Hope

Based in San Francisco, this program helps unhoused, unemployed people to develop practical skills in gardening and culinary work so that participants can find jobs growing and serving food. An important program for this location where homelessness has become a serious problem.

Grow Orlando

This innovative educational program that teaches disadvantaged students important skills including how to grow, cook, and enjoy fresh food. At risk young adults can develop their financial literacy and people skills while urban farming, filling food prescriptions in their communities, and practicing leadership.

GreenWave

To support the blue economy, this organization provides training for new ocean farmers and open market opportunities. Participants learn how to create high yields of shellfish and seaweed that use zero inputs—no fresh water or fertilizers—while rebuilding our beleaguered marine ecosystems.



Image from Teens for Food Justice

"Give someone a meal and you feed him or her for a day. Teach young people to lead a healthy food movement and you feed a community for a lifetime!" –Teens for Food Justice

STATS

We continue to keep overhead low so we can help support the individuals and organizations doing all the important work on improving our food system.

Our Team

[Virginia Aronson, Executive Director](#)

[Ed Goodstein, Director](#)

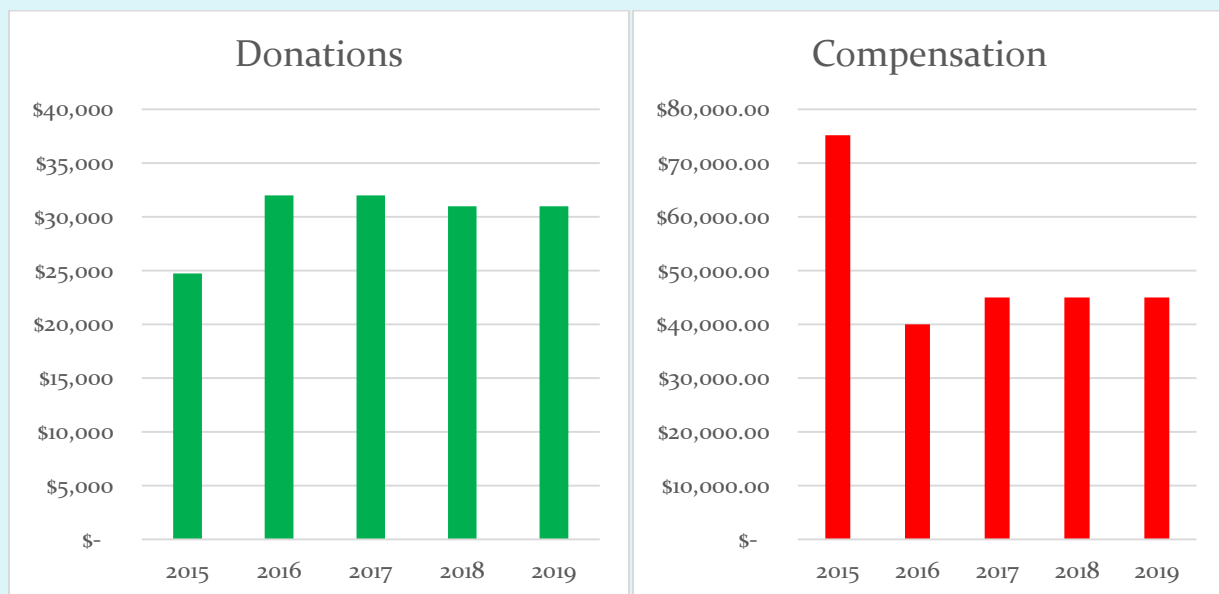
[Mel Goss, Secretary/Treasurer and Tech Support](#)

Our Location

Food and Nutrition Resources Foundation, Inc.
600 NE 20th Avenue
Deerfield Beach, FL 33441
561.393.0515

Our Financial Info

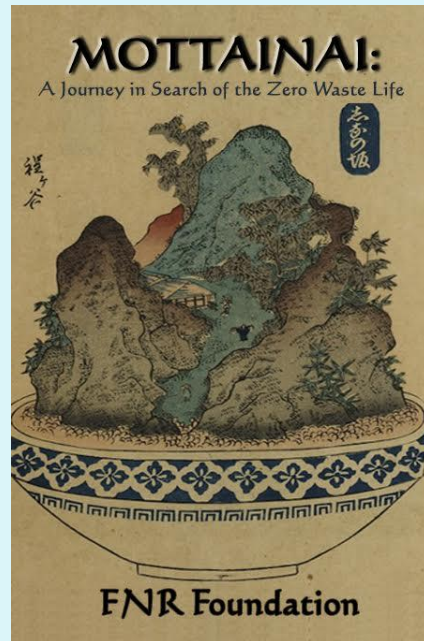
Our goal is to spend less but donate more to worthy causes, so we're keeping it even leaner and meaner at home while spreading the FNR network around the US—and elsewhere.





MOTTAINAI

FNR released a book in January 2017 in order to share an important message on a subject we feel strongly about: sustainable, regenerative agriculture. In the fall of this year, the book was published in hardback by the European activist press Dixi Books.



Mottainai means waste. Popular with the Japanese for generations, *mottainai* (pronounced *moe-tie-nye*) is the Buddhist term for essence. One can say *mottainai* and mean "waste nothing." Or, if something appears wasteful, one might remark, "*mottainai*."

An ancient Japanese philosophy popularized worldwide by the late African activist Wangari Maathai, *mottainai* is both an individual consciousness and a global movement toward zero waste. To support this important worldview, *Mottainai: A Journey in Search of the Zero Waste Life* provides an entertaining story, an allegory about what it takes for us to change our comfortable, wasteful lifestyle in order to save our beautiful, beleaguered planet.

The book includes tips for cutting back on waste, as well as recommended resources to support the *mottainai* lifestyle. Free copies are sent to all our award recipients and made available for use in auctions and other educational activities.

A GARDEN ON TOP OF THE WORLD

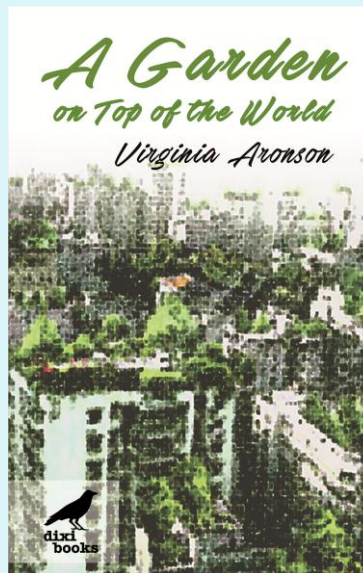
European activist press Dixi Books published our new novel about food (and life) in a climate changed future. Foreign rights have been purchased in South Korea.

A Garden on Top of the World is set in the not too distant future when climate change and technological advances have made the world unrecognizable. Due to extensive worldwide flooding, many people live in relocation cities. The world is fed on 3D foods delivered by drones.

Jonnie is sixteen, she's smart and curious and intersex. Right now she identifies as a girl, but she's trying to decide who and what she wants to be. She lives in Greenland with her extended family, who operate a call center out of their small apartment. Her schooling is online, so she's isolated and lonely despite living in a big building in the overpopulated relocation city of Shamed.

When Jonnie meets Red, a homeless man camping out on the roof of her high rise, she embarks on an adventure. She decides to build a garden and grow food for her family. Not 3D food, real food. Red wants to help and together they meet with scientists, visit an underground urban garden, and make friends with a set of twins, one of whom is also intersex.

In her quest for real food, Jonnie's small world opens up, presenting big opportunities for hope and change.



CONTACT US

Contact us for more information on any of the organizations mentioned in this report, including FNR Foundation.

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Cover image: World Central Kitchen continues to support farmers in Puerto Rico.